



Established in 1937

Educating **YOUTH** | Supporting **FAMILIES** | Inspiring **HOPE**

As COVID-19 cases continue to rise in our state we have strengthened our response to prioritize the safety and wellbeing of our community and the students in our care.

PODS:

We continue to operate in a 'pod' configuration for each of our programs and administrative staff. This means that each classroom and their daily staff are not crossing paths or joining together with other classrooms or staff. There are no cross pod interactions inside our program facilities. This model includes all staff. Wherever possible meetings should be held virtually. Whenever possible, and with the approval of their director, staff will work remotely as well. This allows for easy contact tracing and limits the impact if anyone in a pod should test positive.

CLEANING:

Our facility is thoroughly cleaned each evening. During the day classroom staff are regularly cleaning and sanitizing frequently touched surfaces. We have added additional sanitizing during the day for all our programs and common areas. Moving forward, a full clean of each program space will happen multiple times throughout the day. This includes commonly touched surfaces throughout the building and outside.

HEALTH SCREENS:

We will continue to contact-trace and screen all individuals entering the building. Going forward we will be using an internal ear thermometer to read temperatures. This gives a more accurate reading. Staff may need to go into more detail during health screens to ensure we are following new guidelines. As we head into the winter cold season please help us by keeping your students home if they have any of the following symptoms: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea. Be prepared that any student presenting at the center with any of the symptoms listed (or of concern) will not be admitted, or will be sent home if symptoms arise during the day. We apologize in advance for the challenge this presents, but it is essential to ensure the health and safety of all of our students and staff.

FACIAL COVERINGS:

CDC approved facial coverings are mandatory inside at ALL TIMES you are in the same room as a student or another staff member. Please remain diligent in having students ages 2 and up masked except when eating. We know this isn't easy, but it is essential.

TRAVEL/HOLIDAY CELEBRATIONS:

The governor has recently dramatically changed cross-state travel and multiple household gathering guidelines. All non-essential travel to and from Vermont now requires quarantine. Vermonters should limit non-essential travel and whenever possible limit in-state travel as well. Furthermore, people from different households should not gather. Please review the VT Travel Guidance and see attached. After travel outside of the state, you must quarantine for 14 days or 7 with a negative test result, this includes students.

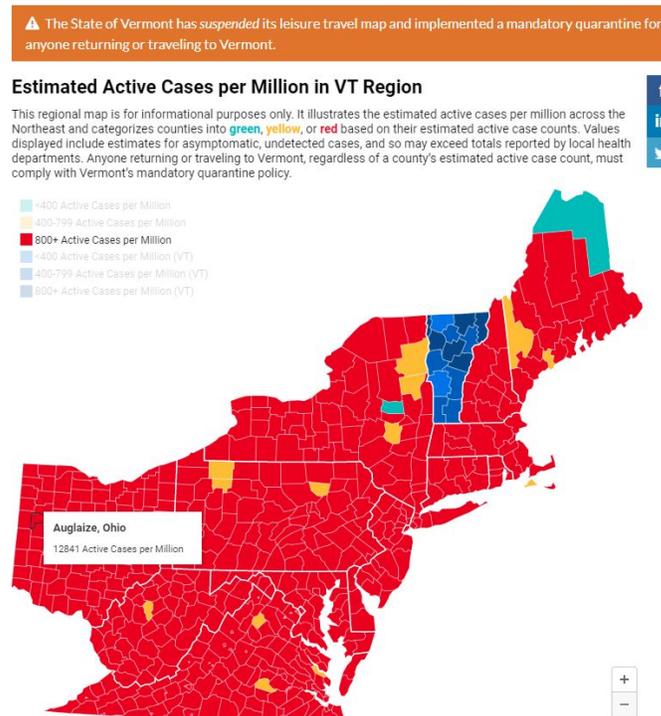
Staff & Participant COVID Travel Guidelines

If you travel to **yellow** or **red** county, before you can return to a Sara Holbrook program you **MUST**:

- Quarantine for 14 days OR
- Quarantine for 7 days then get a COVID test and produce a negative test result

If you travel out of Vermont for leisure to a location other than those certain counties with low rates of active cases ("yellow" or "red" counties), whether for a day trip or longer, there are quarantine requirements. You must either quarantine in Vermont when you return or, if you plan to travel to Vermont in a personal vehicle (including a rental vehicle or private plane), you may complete either a 14-day quarantine or a 7-day quarantine followed by a negative PCR test in the state where you are visiting, and then enter Vermont without further quarantine restrictions. Continue to quarantine from when you receive your test result until you travel to Vermont. (Travel map from 10/28)

We understand that this is a challenging time for everyone. We are committed to the safety and wellbeing of your children, our staff, and the community. Failure to comply will result in removal from our programming.



For the most up to date map refer to the State of Vermont's Covid-19 Recovery Resource Center's Cross State Travel Information page at <https://accd.vermont.gov/covid-19/restart/cross-state-travel>